

Sexual politics by kate millett

Kate Millett's "Sexual Politics": A Revolutionary Exploration of Power Dynamics

Kate Millett's "Sexual Politics," published in 1970, ignited a firestorm of debate and laid the groundwork for feminist analysis that continues to resonate today. More than a treatise on sex, it's a potent critique of societal power structures that permeate all aspects of life, ultimately arguing that patriarchal structures, rooted in sex, are foundational to societal oppression. This delves into the core arguments of "Sexual Politics," exploring its impact, advantages, and potential limitations.

Challenging the Status Quo

Millett's book wasn't simply an academic exercise; it was a call to action. She argued that sexism, like racism and other forms of oppression, stemmed from a systemic power imbalance, not individual failings. This revolutionary notion challenged the prevailing views of the time, which often placed blame on women or attributed their subordinate position to inherent differences. By placing gender at the heart of political analysis, Millett paved the way for a deeper understanding of the complexities of power dynamics.

Dissecting the System: Power Structures and Patriarchy

Millett meticulously deconstructed the patriarchal structures that she believed underpinned society. She argued that "sex" (as distinct from biological sex) functioned as a fundamental category of power relations, creating a rigid hierarchy that privileges men and subordinates women. This wasn't just about sexual acts or relationships; it was about the pervasive societal norms, expectations, and institutions that reinforced male dominance.

The Language of Power

Millett emphasized how language itself was a tool of oppression. She highlighted how societal narratives, frequently portrayed in literature, media, and everyday discourse, perpetuated stereotypical images of men and women. These narratives reinforced traditional power structures, often with men cast in roles of authority and control and women relegated to subordinate or stereotypical roles.

The Institutionalization of Power

Beyond language, Millett pointed to the institutionalization of patriarchal structures in various facets of life. This included family structures, education systems, religion, the legal system, and media. She demonstrated how these institutions reinforced and perpetuated unequal power relationships, often through subtle but effective mechanisms. Consider the historical representation of women in leadership positions, often limited or completely absent in official histories and governmental roles.

Beyond the Binary: A Deeper Look at Gender

Millett's work extended beyond the simplistic binary of male and female, recognizing the complexities of gender identity. While she focused on the oppressive system of patriarchal power structures, the work subtly acknowledged the diversity and fluidity of human experience.

Challenges to the Dominant Narrative

One of the core advantages of "Sexual Politics" is its challenge to the dominant narrative around gender roles. By exposing the systemic nature of gender inequality, Millett created space for more nuanced understandings of masculinity, femininity, and sexuality.

Advantages of "Sexual Politics"

- **Framework for Analysis:** Millett provided a powerful framework for analyzing societal power dynamics based on gender.
- **Emphasis on Systemic Change:** The book forcefully highlighted the need for systemic change, not just individual reform, to dismantle patriarchal structures.
- *Catalyst for Feminist Thought:* "Sexual Politics" served as a catalyst for further feminist thought and action, inspiring generations of activists and scholars.
- **Critical Examination of Institutions:** It provided a critical lens through which to examine the influence of various institutions in perpetuating gender inequality.

Limitations and Related Considerations

While "Sexual Politics" remains a cornerstone of feminist thought, some argue that it has limitations.

Overemphasis on Patriarchy?

Some critics argue that Millett's focus on patriarchy might have overlooked other significant social power structures, such as racism or classism.

Lack of Inclusivity?

Concerns have been raised regarding the potential lack of inclusivity in her approach towards diverse experiences of gender, sexuality, and race, issues that are central to modern feminist thought.

Exploring Related Concepts: Beyond Patriarchy

To address the potential limitations of Millett's analysis, it's crucial to examine related concepts and perspectives.

Intersectionality: Intertwined Oppressions

Kimberlé Crenshaw's concept of intersectionality is crucial. It acknowledges that various forms of oppression, like sexism, racism, and classism, intertwine and create unique experiences of marginalization. This concept allows for a more inclusive analysis than a singular focus on patriarchy.

Sexuality and Power

Millett's discussion of sex and power remains relevant. The ways in which societal norms regarding sexuality reinforce power imbalances still needs to be critically examined.

Contemporary Applications

The insights from "Sexual Politics" remain relevant in contemporary society. For example, the persistence of gender inequality in the workplace, the gender pay gap, and the lack of representation in leadership positions can be analyzed through the lens of patriarchal power structures.

Case Study: The Gender Pay Gap

(Insert a data visualization here showing the gender pay gap across different professions, countries, or time periods. The visualization could be a bar graph or a line chart. Data sources for such a visualization could come from the World Economic Forum, the ILO, or similar organizations). The data illustrates how the gender pay gap still persists despite progress made in some areas. This persistent disparity can be viewed through the lens of the patriarchal structures Millett outlined.

Conclusion: Actionable Insights

Millett's "Sexual Politics" compels us to critically examine the deeply entrenched power structures that shape our lives. While not without limitations, her work serves as a powerful foundation for ongoing conversations about gender, power, and societal change.

Moving Forward:

1. Critically analyze your own biases and assumptions. 2. Seek out diverse perspectives and experiences. 3. Actively challenge societal norms and expectations that perpetuate inequality. 4. Engage in conversations and build solidarity with those who experience marginalization. 5. Support organizations and initiatives working to dismantle patriarchal structures.

Advanced FAQs

1. *How does "Sexual Politics" connect to contemporary feminist theory?* Contemporary feminism builds on Millett's work, incorporating elements of intersectionality, queer theory, and post-structuralism to create a more nuanced and inclusive understanding of gender and power. 2. **What are the implications of Millett's work for understanding global power dynamics?** Millett's analysis of patriarchal power structures is universally applicable and helps understand how gender intersects with other forms of oppression across cultures and nations. 3. *How can the insights from "Sexual Politics" be applied in organizational settings?* By examining power dynamics in workplaces and organizations, we can identify and address issues like the gender pay gap, lack of representation, and systemic biases. 4. **What are the ongoing debates and criticisms regarding "Sexual Politics"?** The debate continues around the scope of patriarchy, the inclusion of various identities, and the relationship between structural oppression and individual agency. 5. **How does "Sexual Politics" inform our understanding of sexual liberation?** Millett argues that sexual liberation is not possible within patriarchal structures. True sexual liberation requires dismantling these structures and promoting equality. By continuing to engage with Millett's groundbreaking work, we can foster a deeper understanding of power dynamics and work

towards a more just and equitable future.

Kate Millett's Sexual Politics: A Groundbreaking Exploration of Patriarchy

Kate Millett's "Sexual Politics," first published in 1970, remains a seismic work in the history of feminist thought. More than just a book, it was a declaration, a meticulously researched and passionately argued indictment of patriarchy that resonated deeply with the burgeoning feminist movement and continues to provoke discussion and analysis today. Millett, a novelist, academic, and activist, didn't just identify the problem; she dissected its very foundations, revealing the intricate ways in which power, gender, and sexuality are intertwined in the construction and maintenance of social hierarchies. For anyone interested in understanding the roots of modern feminism, the evolution of gender studies, or the enduring struggle for equality, "Sexual Politics" is an essential read. It's not always an easy read – its academic rigor and unflinching analysis can be demanding – but its impact is undeniable. Let's dive into what makes this book such a pivotal text and explore its enduring legacy.

The Core Argument: Patriarchy as a System of Oppression

At its heart, "Sexual Politics" argues that patriarchy is not merely a societal inconvenience or a collection of individual prejudices; it is a pervasive, ingrained system of power and domination. Millett defines patriarchy as "a social system in which men hold primary power and predominate in roles of political leadership, moral authority, social privilege and control of property." This isn't just about overt acts of discrimination; it's about the deep-seated cultural norms, psychological conditioning, and institutional structures that ensure male supremacy. Millett provocatively suggests that patriarchy is a "learned behavior," a result of socialization that begins from the moment of birth. We are all, in varying degrees, educated into patriarchal roles and expectations. This conditioning, she argues, is what allows the system to perpetuate itself across generations, often without conscious awareness or deliberate intent on the part of its beneficiaries. The book meticulously deconstructs how this "sexual revolution" of the 1960s, while seeming liberating, often reinforced existing patriarchal structures, particularly within the sexual sphere.

Deconstructing the Literary Landscape: Millett's Literary Analysis

A significant portion of "Sexual Politics" is dedicated to a groundbreaking literary analysis of prominent male authors of the time, including D.H. Lawrence, Henry Miller, and Norman Mailer. Millett uses their works as case studies, revealing how their narratives, often celebrated as expressions of virility and sexual liberation, actually served to reinforce patriarchal ideologies. She meticulously examines their portrayals of women, arguing that these literary giants, in their attempts to explore male sexuality and desire, often reduced women to objects, sexual conduits, or symbolic representations of the feminine enigma. Lawrence's celebration of raw, instinctual sexuality, for example, is seen by Millett as ultimately serving a patriarchal agenda, where female desire is subservient to male experience. Similarly, Miller's explicit explorations of sexuality are analyzed as a form of male narcissism, a self-indulgent dive into the male psyche that rarely grants women genuine agency or complex interiority. This literary deconstruction was revolutionary. It moved beyond simply stating that literature reflected society; it argued that literature actively *constructed* and *legitimized* patriarchal power structures. Millett demonstrated how language itself, wielded by male authors, could be a tool of oppression, shaping perceptions of gender and sexuality for generations. This method of analyzing cultural artifacts to understand power

dynamics became a cornerstone of feminist theory and gender studies, influencing countless scholars and critics.

The Personal is Political: Connecting Private Lives to Public Structures

Millett powerfully articulates the concept that "the personal is political." This slogan, which became a rallying cry for second-wave feminism, is a direct outgrowth of her analysis. She argues that the intimate sphere – family, relationships, and sexuality – is not exempt from the overarching political structures of patriarchy. She examines the traditional family unit as a site of patriarchal power, where gender roles are rigidly defined and enforced. The wife's domestic labor, the husband's authority, the child-rearing practices – all these are seen as contributing to the perpetuation of patriarchal norms. Millett suggests that the seemingly private experiences of women, their desires, frustrations, and subjugations within these intimate relationships, are in fact manifestations of a larger, systemic inequality. This connection between the private and the public was crucial for feminist activism. It meant that women's personal experiences were not isolated incidents of misfortune but evidence of a widespread societal problem that demanded political solutions. It empowered women to speak out about their experiences and to recognize their collective struggle.

Sex, Power, and the Construction of Femininity

A central theme in "Sexual Politics" is the examination of how concepts of femininity and masculinity are socially constructed to maintain patriarchal power. Millett argues that what we consider "feminine" – passivity, emotionality, dependence, and a focus on appearance – are not inherent biological traits but rather characteristics that have been cultivated and enforced to keep women in a subordinate position. Conversely, "masculinity" is associated with traits like aggression, rationality, independence, and dominance, which are valued within patriarchal structures. These constructed roles serve to limit both men and women, but their primary function is to solidify male authority. Millett meticulously details how these gender roles are reinforced through family, education, media, and popular culture, shaping individual identities and expectations from a very young age. The book also delves into the complexities of sexual relationships, arguing that they are often arenas where patriarchal power is exercised and negotiated. Millett questions traditional notions of sexual desire and arousal, suggesting that they too are influenced by patriarchal conditioning. Her analysis challenges the idea of inherent sexual differences and instead emphasizes the social and political dimensions of sexuality.

The Impact and Legacy of "Sexual Politics"

"Sexual Politics" exploded onto the scene at a crucial moment, galvanizing the women's liberation movement and providing a theoretical framework for understanding and challenging patriarchal oppression. Its rigorous scholarship, combined with its passionate advocacy, made it a foundational text for second-wave feminism. The book's influence can be seen in various academic disciplines, including women's studies, sociology, literary criticism, and gender studies. Millett's analytical methods, particularly her literary deconstruction and her focus on the intersection of personal and political, have been adopted and adapted by countless scholars. However, "Sexual Politics" has also faced criticism and undergone re-evaluation over the years. Some have critiqued its sometimes overly deterministic view of patriarchy, while others have pointed to its focus on white, middle-class women, potentially overlooking the experiences of women from other backgrounds. Nevertheless, these critiques do not diminish the book's monumental importance. They are, in fact, part of its ongoing dialogue and evolution within feminist discourse. Even today, "Sexual Politics" remains relevant. The concepts Millett explored – the

pervasiveness of patriarchy, the social construction of gender, the politicization of personal experiences, and the power dynamics embedded in language and culture – are still at the forefront of discussions about gender equality and social justice. In a world still grappling with issues of sexism, sexual harassment, and the persistent gender pay gap, understanding the foundational arguments laid out by Kate Millett is more important than ever. It serves as a powerful reminder of the historical roots of these struggles and the intellectual firepower that has been dedicated to dismantling them. "Sexual Politics" is more than just a historical document; it's a living testament to the power of critical thought and the enduring fight for a more equitable world. It invites us to look critically at the systems that shape our lives, the narratives we consume, and the very ways we understand ourselves and each other in relation to gender and power.

Understanding Sexual Politics Through Kate Millett's Critical Lens

Kate Millett emerged as a pivotal voice in contemporary discourse on sexual politics, challenging conventional understandings of gender, power, and desire. Her work transcends traditional feminist frameworks by interrogating how intersecting systems of patriarchy, capitalism, and cultural norms shape sexual identities and relationships. At the heart of Millett's analysis is the assertion that sexuality is not merely a personal or biological domain but a deeply political arena where structures of control and resistance constantly collide.

Core Insights: Power, Performance, and the Politics of Desire

Millet's scholarship centers on the idea that sexual expression is inherently political because it operates within asymmetrical power dynamics. She argues that dominant narratives—often rooted in heteronormativity, gender binaries, and capitalist exploitation—dictate acceptable forms of desire, restricting authentic self-representation. Through a critical lens, she examines how institutions such as media, law, and religion reinforce these norms, shaping what is considered "natural" or "deviant" in sexual behavior. Millett emphasizes that true sexual liberation requires dismantling these imposed boundaries and reclaiming agency over one's own desires. This perspective invites a reconceptualization of consent, autonomy, and intimacy beyond transactional or performative models.

Millet's work is particularly influential in its application to modern social movements. Her insights help explain why discussions around consent culture, sex work, and gender fluidity are not just ethical or personal matters but fundamental political issues. By highlighting how marginalized communities navigate and resist oppressive sexual politics, Millett provides a framework for understanding the intersectionality of oppression—where race, class, and gender converge with sexual identity. Her emphasis on lived experience as a source of knowledge empowers individuals to challenge dominant discourses and advocate for inclusive policies that recognize diverse expressions of sexuality.

Practical Implications and Societal Benefits

The practical benefits of adopting Millett's perspective are profound. In educational settings, her work supports curricula that promote critical thinking about sexuality, reducing stigma and fostering empathy. In legal and policy arenas, it encourages reforms that protect bodily autonomy and decriminalize consensual adult relationships. Millett's framework also informs therapeutic practices, encouraging clinicians to move beyond pathologizing non-normative desires and instead validate clients' lived realities. Collectively, these applications contribute to healthier, more equitable societies where sexual expression is respected as an integral part of human identity.

rather than a site of control.

Looking ahead, the future of sexual politics as shaped by Millett's ideas points toward growing demands for systemic change. As discourse evolves, there is increasing recognition that true liberation cannot be achieved without addressing the economic and institutional roots of sexual oppression. Emerging movements advocate for decolonizing sexuality, redefining work and care in ways that honor diverse relational models, and expanding digital spaces where marginalized voices can safely express and connect. Millett's legacy lies in her insistence that sexual politics are inseparable from broader struggles for justice—making her work an enduring guide for scholars, activists, and everyday people committed to building a more inclusive and empowered future.

Kate Millett's "Sexual Politics": A Cornerstone of Second-Wave Feminism

In the pantheon of feminist literature, Kate Millett's 1970 masterpiece, *Sexual Politics*, stands as an undeniable titan. More than just a book, it was a seismic event, a clarion call that jolted the academic and social landscape, fundamentally reshaping how we understand gender, power, and oppression. This groundbreaking work, born from Millett's doctoral dissertation, didn't just contribute to the burgeoning second-wave feminist movement; it arguably *defined* it, providing a rigorous theoretical framework that empowered countless women and ignited crucial debates about patriarchal structures. This article will delve into the core tenets of *Sexual Politics*, its enduring legacy, and its continued relevance in today's complex discussions on gender equality and *sexuality*.

The Genesis of a Revolution: Context and Millett's Vision

Published at the dawn of the 1970s, *Sexual Politics* emerged from a period of intense social upheaval. The civil rights movement had paved the way for other liberation struggles, and women, galvanized by dissatisfaction with their prescribed roles and societal limitations, began to articulate a collective consciousness. Millett, an artist, writer, and activist, brought a unique interdisciplinary lens to the burgeoning feminist discourse. Her background allowed her to weave together literary criticism, sociology, and political theory, creating a powerful and accessible critique of what she termed "patriarchal politics." She argued that the inequalities between men and women were not natural or biological but were instead a product of deeply ingrained social and political structures. This was a radical departure from earlier feminist waves that often focused on suffrage and legal rights. Millett's work shifted the focus to the pervasive nature of *gender oppression* within the very fabric of society, from the family to literature.

Deconstructing Patriarchy: The Core Arguments of Sexual Politics

At its heart, *Sexual Politics* is a systematic dissection of patriarchy, the system of male dominance and female subordination. Millett posits that patriarchy is not simply a matter of individual prejudice but a fundamental social organization that shapes power dynamics across all spheres of life. Her analysis is built on several key pillars:

The Concept of Sex-Class

A crucial concept introduced by Millett is that of "sex-class." She draws a parallel between the oppression of

women and the oppression of other social classes, arguing that women are treated as a subordinate caste, defined by their sex. This subordination is maintained through various mechanisms, including:

1. **Ideology:** Millett meticulously examines how prevailing ideologies, often perpetuated through literature and culture, normalize and justify female subservience. She argues that these narratives construct women as inherently emotional, irrational, or subservient, thereby reinforcing their secondary status.
2. **Family Structure:** The traditional patriarchal family, with its clear division of labor and authority, is identified as a primary site of female oppression. Millett highlights how women are often relegated to domestic roles, limiting their autonomy and opportunities.
3. **Social Institutions:** Beyond the family, Millett explores how institutions like marriage, education, and religion often uphold patriarchal norms, further entrenching gender inequality.

This concept of "sex-class" was revolutionary because it framed women's oppression not as a personal problem but as a systemic issue of power and social hierarchy, akin to class struggle. It provided a language to understand the pervasive nature of sexism.

Literary Analysis as a Political Tool

A significant portion of *Sexual Politics* is dedicated to a scathing critique of canonical male authors and their portrayals of women. Millett dissects the works of figures like D.H. Lawrence, Norman Mailer, and Henry Miller, revealing how their literary creations often reinforced misogynistic stereotypes and objectified women. She argues that these celebrated literary works, far from being mere artistic expressions, served as powerful vehicles for disseminating patriarchal ideology. By analyzing the subtle and overt ways these authors depicted female characters as passive, sexual objects, or emotionally volatile, Millett demonstrated how literature actively contributed to shaping societal perceptions of gender. This literary analysis was not simply an academic exercise; it was a politically charged act, exposing the hidden biases within cultural touchstones and challenging their authority. Her examination of **male novelists** and their depictions of women remains a foundational piece of feminist literary criticism.

The Personal is Political: Broadening the Scope of Oppression

Millett's work powerfully articulated the feminist slogan, "the personal is political." She argued that what might appear to be private, domestic issues – such as marital relations, child-rearing, and sexual intimacy – are in fact deeply influenced by and reflective of broader political power structures. By bringing the personal into the political arena, Millett legitimized women's experiences and grievances, demonstrating that their individual struggles were not isolated incidents but manifestations of systemic oppression. This was a pivotal shift that encouraged women to recognize their shared experiences and to organize collectively. The discussions around **women's rights** and **gender roles** in the home were thus amplified and politicized.

The Impact and Legacy of Sexual Politics

The publication of *Sexual Politics* was met with a mixture of fervent admiration and fierce opposition. For feminists, it provided a much-needed theoretical framework and a powerful voice. It became a central text in women's studies programs and consciousness-raising groups, fueling the intellectual fire of the second-wave movement. The book's impact was felt far beyond academic circles, influencing public discourse on gender, sexuality, and power for decades to come. Its concepts, such as sex-class and the politicization of the personal,

continue to resonate and inform contemporary feminist thought. The book's influence can be seen in ongoing discussions about **patriarchal structures**, **gender equality**, and the representation of women in media and culture. Even today, scholars and activists engage with Millett's foundational arguments, adapting them to new contexts and challenges. The book's exploration of **power dynamics** remains incredibly relevant.

Critiques and Continuing Relevance

While undeniably influential, *Sexual Politics* has also faced critiques over the years. Some have pointed to its sweeping generalizations and the potential for essentializing women's experiences. Others have argued that its focus on Western patriarchal models might not adequately address the diverse forms of gender oppression experienced globally. However, these critiques do not diminish the book's monumental importance. Instead, they highlight the ongoing evolution of feminist theory and the need for nuanced approaches to understanding gender. Millett's work serves as a vital starting point, a foundational text that continues to provoke thought and inspire action. The book's exploration of **sexism** and **patriarchal society** remains a critical lens for understanding contemporary issues. Discussions around **feminist theory** and **women's liberation** are incomplete without acknowledging Millett's profound contribution. Her analysis of the intersection of **gender and power** laid the groundwork for much of the scholarship that followed.

Sexual Politics in the 21st Century

In the age of #MeToo, transgender rights movements, and ongoing debates about **gender identity**, the core insights of *Sexual Politics* remain remarkably pertinent. Millett's insistence that power structures shape our understanding of gender and sexuality is more relevant than ever. Her dissection of how ideology and social institutions maintain male dominance offers a valuable framework for analyzing contemporary forms of **gender discrimination**. The book's legacy encourages us to critically examine the subtle and overt ways power operates in our relationships, workplaces, and public spaces, and to challenge the norms that perpetuate inequality. The continued relevance of *Sexual Politics* underscores its status as a seminal work in feminist thought and a vital resource for anyone seeking to understand and dismantle systems of oppression. The discussions it ignited around **sexual liberation** and the critique of **traditional gender roles** continue to shape our understanding of society.

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Questions & Answers About sexual politics by kate millett

No	Question	Answer
1	What is the central argument of Kate Millett's 'Sexual Politics'?	Millett argues that sexual politics, the power dynamics between sexes, are deeply ingrained in society and are the primary source of female oppression. She posits that patriarchy is a political system, not merely a natural order, maintained through social institutions, ideology, and violence.
2	How does Millett define 'sexual politics'?	Millett defines sexual politics as the pervasive, though often unspoken, system of power and control exercised by one sex (men) over the other (women). This system shapes personal relationships, social structures, and cultural norms.

3	What literary works does Millett analyze in 'Sexual Politics' to support her thesis?	Millett critically examines the works of prominent male authors like D.H. Lawrence, Henry Miller, and Norman Mailer. She interprets their writings as reflecting and perpetuating patriarchal attitudes and fantasies about women.
4	What is Millett's concept of the 'sexual revolution' and how does it relate to her analysis?	Millett views the so-called sexual revolution as largely a failure for women, arguing that it often reinforced traditional sexual roles and expectations rather than liberating them. She critiques its focus on male sexual freedom without addressing women's autonomy.
5	How did 'Sexual Politics' influence the second-wave feminist movement?	The book was a foundational text for second-wave feminism, providing a powerful theoretical framework for understanding gender inequality. It galvanized feminist thought, encouraging women to analyze their personal experiences through a political lens and demand systemic change.
6	What is the significance of Millett's use of terms like 'patriarchy' and 'sex-class'?	Millett popularized the term 'patriarchy' to describe the male-dominated social system. She also introduced the concept of 'sex-class' to highlight how society categorizes individuals based on sex, creating distinct classes with unequal power and privilege, similar to economic classes.
7	What are some common criticisms leveled against 'Sexual Politics'?	Criticisms include accusations of overgeneralization, a perceived hostility towards men, and an overly academic or theoretical approach. Some have also questioned the universality of her claims, given diverse cultural contexts.
8	Beyond literature, what other social structures does Millett suggest are influenced by sexual politics?	Millett argues that sexual politics permeates family structures, education, religion, and the media. These institutions, she contends, serve to reinforce patriarchal norms and maintain male dominance across all spheres of life.
9	Why is 'Sexual Politics' still considered relevant today?	Despite being published decades ago, the book's analysis of power dynamics, gender roles, and the social construction of sexuality remains highly relevant. It continues to prompt discussions about gender inequality, consent, and the ongoing struggle for women's liberation.

Kate Millett sexual politics analysis, power and sexuality in Kate Millett, feminism and sexual politics critique, Kate Millett gender politics theory, sexual agency and power dynamics, Kate Millett intersectional sexual politics, contemporary sexual politics by Kate Millett, Millett's critique of gender and power, sexual politics and feminist theory, Kate Millett sexual power structures

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