

I Liked You Better Before I Knew You So Well

I Liked You Better Before I Knew You So Well: The Paradox of Familiarity

We've all been there. That initial spark, the captivating mystery of a new acquaintance. Suddenly, the walls begin to crumble, the veil of intrigue lifts, and the person we thought we knew so well...well, they just aren't as captivating anymore. This familiar feeling, encapsulating the realization that initial perceptions often outweigh reality, is captured in the phrase "I liked you better before I knew you so well." This isn't about romantic relationships alone; it applies to friendships, professional partnerships, and even societal perceptions of celebrities or products. Why does this disconnect happen, and what can we learn from this often-uncomfortable truth? **(Visual: A graph showing a positive correlation between initial impressions and perceived attractiveness. The curve flattens or even dips after extensive interaction.)**

The Halo Effect and the Illusion of the Unknown

The initial impression is often a powerful one. We form judgments based on limited information, relying on the "halo effect." This cognitive bias assigns positive traits to someone based on a single positive characteristic, creating a rosy picture of the individual. The more we know, the more facets of the person are revealed, and these facets might not always align with the initial idealized image. **(Visual: A simple infographic illustrating the halo effect - a positive initial impression leading to perceived positive traits beyond the initial characteristic.)**

The Role of Idealization in Initial Perceptions

When we first meet someone, we often project our ideal versions of qualities onto them. We might see them as more intelligent, funny, or kind than they are in reality. This idealization, while not necessarily malicious, acts as a filter, obscuring flaws and highlighting only the qualities that resonate with our desires. This idealization is often fueled by the unknown.

The Downside of Deeper Understanding

The very act of getting to know someone intimately often reveals the complexities that were previously hidden. Unveiling the nuances of personality can lead to a disillusionment with the idealized image. This is especially true in romantic relationships, where the initial infatuation can fade when realistic expectations collide with the messy reality of everyday life. *(Case Study: A survey of couples who experienced an initial "spark" that eventually faded. Analyze the data for common themes, such as unrealistic expectations, hidden personal issues, and the influence of external pressures.)*

Advantages of the "I Liked You Better Before"

Phenomenon

While the concept suggests a loss, certain advantages could stem from this nuanced perception. • **Avoiding a mismatch:** Understanding the "better before" experience can help us identify individuals who aren't a true match. This can save time and potential heartache, whether in personal or professional contexts. • **Maintaining objectivity:** Recognizing the initial bias can help us approach interactions with a more discerning eye. We might be more willing to assess a person's character without the rose-tinted glasses of the unknown. • **Building realistic expectations:** This phenomenon can encourage us to set more grounded expectations about our interactions and relationships.

When Initial Enchantment Fades: Navigating the After-Effect

The disillusionment following the initial spark is not inherently negative. It's the realization of the nuances of human nature and the evolution of relationships.

Managing Disappointment

It's crucial to differentiate between a genuine dislike and a fade in initial excitement. Disappointment can stem from unmet expectations, while genuine dislike arises from incompatibility.

Re-evaluating Your Values and Priorities

A significant shift in perception after getting to know someone better can signal a divergence in values or priorities. This is an opportunity to introspect and reflect on what truly matters to us. **(Visual: A flow chart illustrating the steps in assessing whether the loss of initial enchantment is a realistic mismatch or temporary disappointment.)**

The Importance of Perspective

Sometimes, the "better before" phenomenon isn't solely about the other person. It's also about our own evolving understanding of ourselves and our expectations.

Growing Pains and Self-Reflection

Perhaps our idealization of the other person reflected our own personal aspirations or insecurities. Examining these aspects within ourselves can lead to personal growth.

The Illusion of Perfection

Our initial impressions often reflect a subconscious desire for perfection. As we get to know someone better, we inevitably confront the realization that perfection doesn't exist. Embracing imperfections can lead to more authentic connections.

Actionable Insights

- *Prioritize self-awareness:* Understanding your own biases and expectations can help you approach new encounters with greater objectivity.
- **Embrace the unknown:** While the initial excitement can be alluring, appreciate the nuances and complexities that emerge when you delve deeper into a relationship.
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Communicate effectively: Open and honest communication can help bridge the gap between initial perceptions and reality.

Advanced FAQs

1. **How can I differentiate between a temporary disappointment and a genuine incompatibility?** (This requires a detailed analysis of the reasons behind the change in perception.) 2. Does the "better before" phenomenon apply to products and services as well? (Discuss how marketing strategies and initial impressions affect long-term satisfaction.) 3. **Can we strategically cultivate a positive initial impression?** (Delve into marketing and relationship-building techniques that leverage the power of first impressions.) 4. **How can leaders utilize this knowledge to build effective teams and manage interpersonal dynamics?** (Analyze how understanding initial impressions and subsequent adjustments can foster successful teams and manage conflict.) 5. What role does technology play in distorting initial perceptions and deepening relationships (or breaking them)? (Investigate the impact of online interactions, virtual dating, and social media on forming initial opinions and the complexities that arise when moving to real-world interactions.) This comprehensive exploration highlights the multifaceted nature of the "I liked you better before I knew you so well" phenomenon, moving beyond the mere observation of this sentiment to a nuanced examination of its implications in various aspects of our lives. The key takeaway is that while the initial spark can be intoxicating, a genuine connection often requires a willingness to navigate the complexities of deeper understanding.

The Bittersweet Truth: "I Liked You Better Before I Knew You So Well"

It's a sentiment that's as old as relationships themselves, a whisper in the back of our minds, a poignant realization that can sting with surprising intensity. The phrase, "I liked you better before I knew you so well," captures a universal human experience. It's the quiet understanding that sometimes, the idealized version of someone we hold in our hearts can be a more comforting and appealing companion than the fully realized, complex individual standing before us.

But what exactly does this loaded statement mean? Why does knowing someone more intimately sometimes diminish our initial admiration? And is it a sign of a failing relationship, or simply a natural byproduct of deeper connection? Let's dive into this complex emotional territory, exploring the nuances and realities behind this often-unspoken truth.

The Allure of the Unknown: Building Idols in Our Minds

Before we truly know someone, our imaginations run wild. We fill in the blanks, projecting our own hopes, desires, and even past positive experiences onto them. This is especially true in the early stages of a relationship, whether it's romantic, platonic, or even professional. The initial spark often comes from a sense of mystery, a tantalizing glimpse of potential that we eagerly build upon.

Think about meeting someone new. You might be drawn to their confidence, their wit, or a particular shared interest. In that early phase, their flaws, quirks, and less-than-ideal habits are hidden, or at least less visible. This allows us to create a carefully curated mental image – an idol, if you will – that is often more polished and perfect than reality.

This initial perception is further amplified by the fact that we're often presenting our "best selves" when we first meet people. We're on our best behavior, striving to make a good impression. This creates a reciprocal illusion, where both parties are showing a slightly polished version of who they are. It's a dance of attraction, fueled by what we *think* we see.

The Unveiling: When Reality Sets In

As a relationship deepens, the veils begin to lift. We start to see the full spectrum of a person's personality, including their vulnerabilities, their bad habits, their insecurities, and their less-than-perfect moments. This is where the phrase "I liked you better before I knew you so well" often comes into play.

What were once perceived as charming eccentricities might, with deeper knowledge, reveal themselves as genuine annoyances. Their unfiltered opinions, which initially seemed bold, might now come across as insensitive. The quiet moments that once felt contemplative might now feel withdrawn. It's not necessarily that the person has changed, but rather that our perception has evolved with increased exposure.

Common Reasons Behind the Shift in Perception

Several factors contribute to this shift in how we view someone as we get to know them better:

1. The Dissolution of Idealization

As mentioned earlier, we often build idealized versions of people in our minds. When we get to know them intimately, their imperfections become apparent, shattering this illusion. It's like seeing the scaffolding around a beautiful building – it doesn't diminish the building's beauty, but it does demystify its construction and reveal the less glamorous parts.

2. Unmet Expectations

Our initial impressions can lead to certain expectations. When those expectations aren't met, or when the reality diverges significantly from what we envisioned, disappointment can set in. This is particularly common in romantic relationships, where grand romantic gestures or a constant state of effortless bliss might be envisioned, only to be replaced by the mundane realities of everyday life.

3. Exposure to Negativity or Conflict

With deeper connection comes the inevitable experience of conflict or exposure to a person's negative traits. Everyone has bad days, moments of frustration, and differing opinions. When these become more frequent or intense than we anticipated, it can strain our initial positive feelings.

4. The Mundanity of Routine

The excitement of newness and discovery naturally fades with time and routine. The thrilling spontaneity of early encounters can be replaced by predictable patterns. This isn't inherently bad, but it can lead to a feeling of lessened excitement compared to the initial "honeymoon phase."

5. Personal Growth and Change

Sometimes, the person we knew initially *has* changed. People evolve, and sometimes their growth takes them in directions that we don't necessarily connect with as strongly. Conversely, our own personal growth might lead us to re-evaluate past connections and find them less appealing than before.

Is It Always a Bad Thing? Navigating the Nuances

The phrase "I liked you better before I knew you so well" often carries a negative connotation, suggesting a loss of affection or a broken connection. However, it's important to recognize that this sentiment isn't always a death knell for a relationship. In fact, it can be a sign of a relationship evolving towards a more authentic and realistic form of connection.

Here are some ways to interpret this feeling constructively:

1. The Foundation of True Connection

The initial infatuation or admiration is often based on a superficial understanding. True, lasting connection, on the other hand, is built on a foundation of mutual understanding, acceptance, and navigating challenges together. The process of "knowing someone so well" is precisely what allows for this deeper, more resilient bond to form. It's about moving beyond the idealized version to embrace the real person, flaws and all.

2. A Call for Re-evaluation and Communication

This feeling can serve as a valuable prompt for self-reflection. Are our expectations realistic? Are we failing to appreciate the positive aspects of the person that have emerged with deeper knowledge? It can also be a cue to engage in open and honest communication with the other person. Perhaps there are things we're not expressing that, if addressed, could lead to a renewed appreciation.

3. The Difference Between Infatuation and Love

In romantic contexts, the initial "liking" can often be closer to infatuation – a passionate, often idealized, but sometimes fleeting feeling. Love, on the other hand, is a more mature and enduring emotion that develops over time through shared experiences, commitment, and a deep understanding of another person's character. Moving from infatuation to love often involves navigating the complexities that arise when you "know someone so well."

4. Recognizing Boundaries and Personal Needs

Sometimes, knowing someone "too well" can reveal fundamental incompatibilities or personal needs that are not being met. In these instances, the feeling might be a signal that the relationship, as it stands, is not sustainable or healthy. This is a more difficult but important realization to come to.

Strategies for Navigating This Common Emotion

If you find yourself experiencing the "I liked you better before I knew you so well" phenomenon, here are some strategies to consider:

1. Practice Self-Awareness and Honesty

Acknowledge your feelings without judgment. Try to pinpoint **what** specifically has changed in your perception. Is it a particular habit, a consistent behavior, or a general shift in how you see them? Be honest with yourself about your expectations and whether they are reasonable.

2. Focus on the Positive Qualities

It's easy to get bogged down by the negatives when you're hyper-aware of someone's flaws. Make a conscious effort to identify and appreciate the qualities that initially drew you to them, and any new positive traits that have emerged with time. What are their strengths? What do they bring to your life that is valuable?

3. Communicate Your Needs and Feelings (Carefully)**

If the feeling is causing significant distress, consider having a gentle and constructive conversation with the person. Frame it around your own feelings and observations, rather than making accusations. For example, instead of "I liked you better before," try "I've been feeling a bit disconnected lately, and I'm wondering if we could talk about what's been on our minds."

4. Embrace Imperfection

No one is perfect, and that includes ourselves. Learning to accept and even embrace the imperfections of others is a sign of emotional maturity and fosters deeper, more authentic

connections. Remember, they are likely seeing your imperfections too!

5. Seek Shared Experiences and Create New Memories

Sometimes, the routine can breed familiarity that can feel stagnant. Actively seek out new experiences together. This can reignite excitement and create fresh positive associations, reminding you of the good times and the potential for more.

6. Understand the Difference Between Disappointment and Dealbreaker**

It's crucial to distinguish between minor disappointments and fundamental dealbreakers. A minor annoyance is something you can learn to live with or communicate about. A dealbreaker is a core incompatibility or a behavior that fundamentally erodes your respect or well-being.

Conclusion: The Beauty of the Real

The sentiment "I liked you better before I knew you so well" is a testament to the human capacity for both idealization and the often messy, yet ultimately rewarding, process of genuine connection. It's a reminder that the initial spark, while exciting, is just the beginning of a potentially beautiful journey. As we peel back the layers, we move from a curated image to a complex, flawed, and ultimately more authentic human being. And in that authenticity, when embraced with understanding and acceptance, lies the potential for a deeper, more resilient, and more meaningful bond. It's a bittersweet truth, yes, but often, the "knowing so well" leads to something far more profound than the idealized "before." The real person, with all their nuances, can be even more remarkable.

In a world where relationships evolve at breathtaking speed, the sentiment captured in "I liked you better before I knew you so well" resonates deeply with the emotional complexity of human connection. This simple yet profound statement reflects a timeless truth: early attraction often stems from surface impressions—charisma, presence, or shared moments—while deeper affinity grows from genuine understanding, vulnerability, and mutual growth. Unlike fleeting infatuation, which can be swept away by hindsight, this kind of appreciation develops over time, revealing layers of compatibility and emotional resonance that transform initial admiration into lasting affection.

Understanding the Emotional Journey

At the heart of this phrase lies a nuanced emotional evolution. When we first meet someone, we tend to notice surface-level qualities—how they speak, their style, or even their confidence. These attributes trigger immediate liking, shaped by instinct and social cues. However, as time passes and conversations deepen, we uncover the person beneath: their values, fears, dreams, and flaws. This shift from superficial appeal to profound identification allows for a richer, more sustainable bond. The statement acknowledges that the highest form of liking often emerges not before discovery, but after time has allowed us to see beyond the mask and into the core of who someone truly is.

Practical Applications in Relationships

This insight holds powerful implications across personal relationships, professional dynamics, and even self-reflection. In romantic partnerships, recognizing that deep connection often follows initial attraction encourages

patience and openness. Rather than rushing to judgment, people are invited to remain present, allowing trust and intimacy to flourish naturally. In mentorship or leadership, leaders who appreciate others not just for what they achieve today, but for what they might become, foster loyalty and growth. Even in self-awareness, the phrase reminds us that valuing someone more over time begins with embracing change—both in others and within ourselves.

Benefits of Cultivating Deep Appreciation

Embracing the idea that liking deepens with understanding brings numerous benefits. It nurtures emotional resilience by grounding relationships in authenticity rather than idealization. When appreciation grows from genuine experience, it becomes more meaningful and enduring, capable of withstanding challenges. This mindset also reduces the anxiety of constant evaluation, replacing it with curiosity and connection. Over time, such appreciation transforms fleeting interest into a bond built on mutual respect and shared journey, enriching both personal fulfillment and social harmony.

Looking Ahead: The Future of Connection

As society continues to evolve—shaped by digital interactions, shifting cultural norms, and a growing emphasis on emotional intelligence—the relevance of this insight only deepens. In an age where first impressions are often formed through screens, the value of time spent truly knowing someone becomes even more critical. The phrase “I liked you better before I knew you so well” serves as a gentle reminder: true connection is not about speed, but about presence. Moving forward, those who prioritize depth over immediacy will cultivate relationships that endure, evolve, and inspire—proof that the strongest bonds are built not in the moment, but through the quiet, powerful work of getting to know someone truly, and letting appreciation grow with time.

The Painful Truth: Why We Often Like People Better Before We Know Them Well

The phrase “I liked you better before I knew you so well” is a deceptively simple statement that carries immense emotional weight. It's a sentiment often whispered in hushed tones, a private lament that surfaces when the romantic glow of early acquaintance fades, replaced by the sometimes harsh realities of intimate knowledge. This feeling, while painful, is surprisingly common, stemming from a complex interplay of human psychology, evolving expectations, and the very nature of building meaningful relationships.

The Allure of the Unknown: Idealization and Projection

In the initial stages of meeting someone new, our minds are fertile ground for projection and idealization. We are drawn to the glimpses we see, the curated versions of ourselves that people often present, and the potential they represent. This is where the concept of “limerence” often plays a significant role, a state of infatuation characterized by obsessive thoughts and a desire for reciprocation. During limerence, we tend to overlook flaws and magnify virtues. We fill in the blanks with our own desires and hopes, creating a romanticized image that might bear little resemblance to the actual person.

This idealization is a powerful force. It's the spark that ignites attraction, the engine that drives us to seek deeper connection. We might admire their wit, their confidence, their perceived kindness, or their shared interests. These initial impressions are often based on surface-level interactions, where the stakes are low and the pressure to maintain a perfect facade is less intense. As a result, the “you” we liked before we knew them well was often a composite of our best guesses and our most optimistic interpretations.

Keywords: idealization, projection, limerence, early attraction, romanticized image, first impressions,

The Unveiling of Reality: Flaws, Inconsistencies, and Disappointments

As relationships deepen, the veil of idealization inevitably lifts. Intimacy brings with it exposure to the less polished aspects of a person's character. Habits that were once endearing can become irritating. Differences in values or communication styles that were initially overlooked can become sources of conflict. The casual observer of the initial "you" is replaced by the lived experience of the person who navigates daily life with them.

This unveiling isn't necessarily a conscious decision to find fault. It's a natural consequence of increased proximity and understanding. We start to see the inconsistencies between their words and actions, the moments of impatience, the petty grievances, the deeply ingrained patterns of behavior that may have been hidden in earlier encounters. These discoveries, even if minor, can chip away at the idealized image we held, leading to a sense of disillusionment.

The disappointment can stem from a variety of sources. Perhaps they have a different approach to finances than you expected, or their political views clash with yours more intensely than you realized. Maybe their communication style is more passive-aggressive than direct, or their approach to problem-solving is entirely different from your own. These are not necessarily deal-breakers, but they are deviations from the imagined ideal, and can lead to the painful realization that the person you thought you knew is not quite who you believed them to be.

Keywords: disillusionment, relationship reality, behavioral patterns, communication styles, values alignment, conflicts, personal flaws, unmet expectations

The Shifting Sands of Expectations

Our expectations also play a crucial role in this phenomenon. In the early stages, our expectations are often fluid and unarticulated. We're open to discovering who the other person is. However, as we invest more time and emotion, our expectations tend to solidify. We start to anticipate certain behaviors, reactions, and levels of support. When these expectations are not met, even if unintentionally, it can lead to disappointment and a longing for the simpler, less demanding days of acquaintance.

The pressure to maintain a certain image can also be a factor. While we might present a more polished version of ourselves initially, sustained intimacy requires authenticity. However, authenticity can sometimes be messy. It involves vulnerability, admitting mistakes, and navigating personal struggles. If our initial perception was built on a foundation of perceived perfection, any deviation from that can feel like a betrayal of that initial impression.

Furthermore, the intensity of early romantic interest can create a false sense of compatibility. The "butterflies" and the exhilarating rush of new love can mask deeper incompatibilities that only emerge when the initial excitement subsides and the realities of everyday life set in. The "you" we liked before was often seen through the rose-tinted glasses of infatuation, making it easy to overlook potential challenges.

Keywords: relationship expectations, unmet needs, emotional investment, authenticity, vulnerability, romantic infatuation, compatibility, superficial connections

Navigating the Transition: From Idealization to Authentic Connection

The sentiment "I liked you better before I knew you so well" is not necessarily an indictment of the other person or a sign that the relationship is doomed. Instead, it often signifies a critical juncture in relationship

development. It's a moment that requires conscious effort to transition from idealized perceptions to authentic understanding and acceptance.

This transition involves embracing a more realistic view of the other person. It means acknowledging their flaws and imperfections, not as deal-breakers, but as integral parts of who they are. It requires open and honest communication about expectations, needs, and feelings. Rather than harboring silent resentment or disappointment, a healthy approach involves addressing these issues constructively.

Building genuine intimacy is about seeing and accepting the whole person, not just the curated version. It's about recognizing that everyone has their own baggage, their own struggles, and their own unique way of navigating the world. The goal is to move beyond the initial attraction to a deeper, more profound connection built on mutual respect, empathy, and understanding. This requires a willingness to be vulnerable yourself, to share your own imperfections, and to create a safe space for the other person to do the same.

Keywords: authentic connection, mutual respect, empathy, understanding, open communication, relationship challenges, personal growth, acceptance, navigating conflict

When the "Before" Was Truly Better: Red Flags and Unhealthy Dynamics

While the phrase often reflects a natural shift in perception, it's important to acknowledge that in some cases, the initial positive impression might have been a deliberate deception or a masking of underlying unhealthy behaviors. If the "you" you liked before was charming but manipulative, or attentive but possessive, then the subsequent unveiling of their true nature is a cause for genuine concern and a valid reason for re-evaluation.

Pay attention to persistent patterns of behavior that are detrimental or harmful. If the initial "flaws" you discovered are actually red flags – such as dishonesty, controlling tendencies, lack of empathy, or disrespect – then the sentiment might be a signal that the relationship is not healthy or sustainable. In such instances, it's crucial to prioritize your well-being and consider whether the deeper knowledge reveals a person you genuinely want to continue building a relationship with.

The key distinction lies in whether the revealed traits are minor imperfections that can be navigated with understanding, or fundamental character issues that pose a threat to your happiness and emotional safety. The transition from liking someone before you knew them well to liking them even more once you know them well, is the hallmark of a truly strong and healthy connection.

Keywords: red flags, unhealthy relationships, manipulation, control, emotional safety, character assessment, self-preservation, honest assessment

Conclusion: The Journey to Deeper Love and Understanding

The sentiment "I liked you better before I knew you so well" is a poignant reminder of the complexities of human connection. It highlights the power of first impressions and the inevitable challenges that arise when we move from superficial acquaintance to deep intimacy. While the initial disillusionment can be painful, it also presents an opportunity for growth and the development of more authentic and resilient relationships. By understanding the psychological underpinnings, managing our expectations, and fostering open communication, we can navigate this transition and move towards a love that is not based on an idealized illusion, but on a genuine appreciation for the whole, complex, and beautifully imperfect person before us.

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Questions & Answers About *i liked you better before i knew you so well*

No	Question	Answer
1	What does 'I liked you better before I knew you so well' really mean?	It often signifies disappointment. The idealized version of someone you had in your head was more appealing than the reality of their flaws, habits, or personality traits that emerged with closer acquaintance.
2	When is this phrase most commonly used or felt?	This sentiment can arise in friendships, romantic relationships, or even professional associations. It's often felt after spending a significant amount of time with someone and discovering aspects you find off-putting.

3	Is it fair to feel 'I liked you better before I knew you so well'?	While it's a common human experience, it's not always the most constructive feeling. It suggests a lack of acceptance and can stem from unrealistic expectations rather than a genuine flaw in the other person.
4	How can you overcome the feeling of 'I liked you better before I knew you so well'?	Try to reframe your perspective. Focus on the positive qualities you initially saw and acknowledge that everyone has imperfections. Consider if your initial expectations were too high or if you've projected an ideal onto them.
5	What's the difference between this feeling and simply growing apart from someone?	Growing apart implies a natural divergence of interests or life paths. 'Liked you better before' suggests a specific disillusionment with the *person* themselves, based on newly revealed aspects of their character.
6	Can this feeling be a sign of a toxic relationship?	It *can* be, especially if the 'knowing them well' reveals consistently negative behaviors like manipulation, dishonesty, or disrespect. In such cases, it's a warning sign.
7	How should you address this feeling if you want to salvage a relationship?	Honest, gentle communication is key. You could express your feelings about specific behaviors without making it an attack on their entire being. Focus on what you miss about the earlier dynamic and what might be changed.

i liked you before knowing you, better feelings before deep understanding, love before knowing who you are, emotional connection before full knowledge, pre-knowledge romance, first impressions of love, true feelings before full insight, heart's early recognition, love before the details unfold, idealized love before reality

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Modern users often switch between devices throughout the day. PDFs support this flexibility, allowing seamless

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When using annotations across devices, enabling proper synchronization is essential. Some readers offer account-based syncing, while others require manual export. Understanding these options helps maintain consistency and prevents lost notes.

Organizing a growing PDF library

As digital libraries expand, organization becomes increasingly important. Clear folder structures, descriptive filenames, and consistent naming conventions make it easier to manage multiple PDFs. Categorizing documents by topic, purpose, or date helps users locate *I Liked You Better Before I Knew You So Well* quickly when needed.

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